

511a

Tatteridge Park.

Miss Philadelphia Lee's

Memorandum

and

Family Receipts

Commenced 20 Jan^y 1780.

Mrs. Berners's Receipt for Sygent
or very good one. — Feb. 1863

Take half a Pound of the best sweet Almonds
& half an Ounce of Bitter, Blanch them and
Wipe them very dry, Take two Ounces of fine
Loaf Sugar, & pound the Sugar & Almonds
so well together, that they become perfectly
smooth, & well mixed with the Sugar; Take
One Quart of boiling Water, & pour it over the
Juice of a Lemon well peeled from the White
let it stand till it is quite cold, then mix the
Almonds & Sugar you have already prepared
~~in~~ with the above Water, & last of all
pour the whole thro a Lemon Sieve, & then
it will be fit for use

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To make Sugar Crust for a fruit Tart

Take about a Table spoonful of good Rhetan
Loaf Sugar very finely powdered & sifted about
two ounces of Flour, mix it up with an ounce
of Butter & an Egg Yolk & all roll it off very
thin - & cover ~~your~~ the top of your Tart Dish
with it - & sift some of the same over
the top of it -

& bake it the same as another Tart -

Hopping Cough

1 Dram of Salt Tartar

$\frac{1}{2}$ gr — of Cochineal

add three Quarts of a
Pint of boiling Water.

& a Sweeten it to y^e taste.

a Tea Spoonful for a Child
of three years Old & so on
proportion to the Age

Spasm in Stomach.

Take six Pepper Corns crush
them into four Parts. add two
Spoonfuls of Peppermint Water
Make quite hot

Salt Bogs make hot

Sprain Legs &c

Ox Gall. in Spirits of Wine —

Childs Eggs Receipt —

1 Dram Manna. dissolved in Water
& put into a glass of Hot Milk

M^{rs}. Ann Smith

John Gump

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Airols Receipt for a composition
to make a Wash for Trees to
keep them from blighting in
the Spring —

Take two Bushells of quick
Lime put it in to a Hoghead
nearly filled with Water let it
stand four days stirring it
each day once or twice when
clear pour it off, and add
thereto two Pecks of Tobacco
Dust & two Pounds of fine
Sulphur let it stand till the
Tobacco Dust has yelved its
substance which will be in two

Days, then to each Gallon
of this mixture add three
one Gallon of River or Pond
Water, & then with a hand
Engine wash the Wall or
other Trees as often as found
necessary (about twice a week)
when the Insects begin to
infest the Trees. This mixture
may be made in a larger or
less quantity as need requires
according to the above proportion.

To salt a Duck—

Take a Duck rub it with common salt,
then let it remain one day, then put to it
~~one~~^{half} ounce of Salt Peter, & let it stay in
that four days turning it often, then shake
it with either stoned Looking, or a very
thin smooth piece of wood —

For the Rheumatism -

Take two cloves of
garlic One dram of Gum
Ammoniacum, bruise them
together, Make into two
or four boluses, mix
them with a few drops
of cold water; - take
one half at night the
other

in the Morning. —

While taking this
drink Sassafras Tea made
very strong, so as to have
the Tea pot filled with
its Chips. —

This is usually found
to effect a cure even in
the worst of Cases and
no one can object to the
ingredients

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"For Gouty or bilious Cases"
as a great strengtheners

Take two pinches of
Carnomile Flowers with 10
or 12 cloves mixed put them
into a Tea pot with three
grs of a Pint of boiling
water. — Let it stand till
cold — then strain it off —

When taken add a
Tea Spoonful of the

Fineture of Colicums. —

Take a Wine Glass twice
a day, either Cold or Lukewarm. —

To make very rich flat Cakes for Tea—
 Take one Quart of fine Flour, half a Pound
 of the best Butter rubbed well into the
 Flour, Six Ounces of ^{finely sifted} good Sugar,
 rub it all well together, wet it with
 good sweet Milk & mix all well together,
 and roll it out as thin as you possibly
 can, cut them in round Cakes with a
 Jagging Iron about Four Inches & a
 half over. There must be a Quarter of
 an Ounce of Caraway Seeds to the above
 quantity of Flour, they must all be
 sprinkled over before they are put into the
 Oven. When perfectly cold put them
 in a Tin box in a dry place, & they
 will keep good a long time—

Tried Nov. 18th 1796

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very rich little Baked Puddings

Take a Penny white Loaf, or any quantity
of good white bread that is equal to the
size of a Penny Loaf, ~~Put~~ ^{of Butter} a Pint of
good Milk, & pour over it, when cold
put in five Eggs, leaving out two
whites, half a Quarter of a Pound of
good Loaf Sugar, & a very small quantity
of Nutmeg Beat all well to a Batter
then bake it in Cups, half an hour
with bake them melted butter, Sugar &
a Spoonfull of white Wine for the
Sauce. Serve them up hot & turn
them out of the Cups —

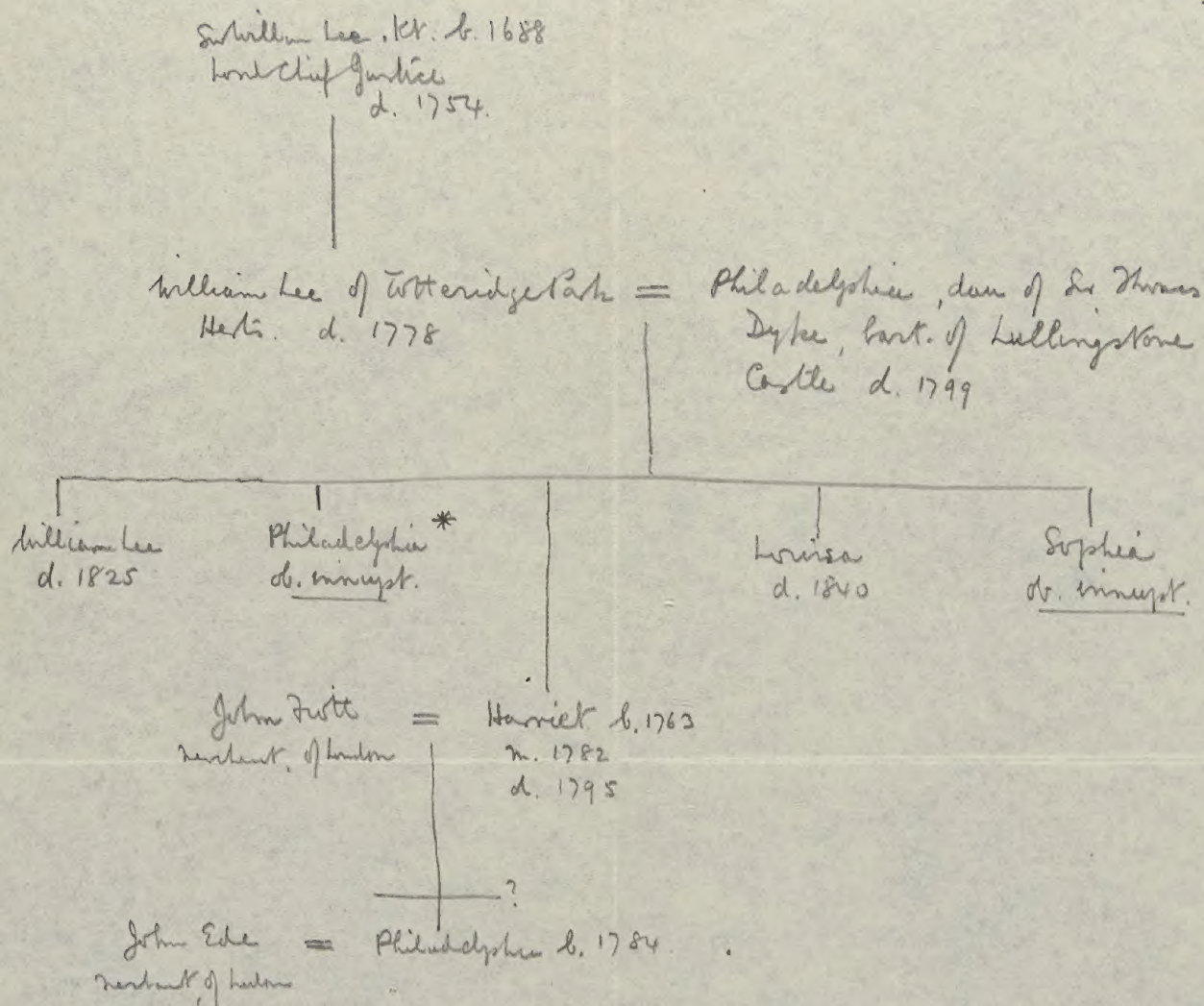
To Make Biskas

Take three ~~pe~~^{pounds} of fine flower, put it into^a pan
 Half a pint good East Wanned in a Lettle New Milk
 put it into the flower & set it down before
 the fire to rise - The while that is arising -

Boil one ounce of Coriander, and one ounce of
 Carraway seed, in a quart of New Milk till
 the goodness is all boiled into the Milk, then
 Strain it off, and put to it ~~the~~ also a

Half a pound of Loaf Sugar, a LITTLE Salt
^{will} ~~with~~ a pound of good fresh Butter ^{into your Milk} add ~~to~~ it
^{with two Eggs} beat all together, then Mix it up with the
 above flower into a Light Dough, set it
 down to the fire again and let it stand
 till the oven is ready then put it into
 your Hoop, and Bake it

The Next Day Cut of the outside Crust,
 and Cut the Crumb Down the Middle, Cut it
 out in thin slices spread them on tins and
 set them into a slow oven to dry a New Brown



[The book commenced 1780 and described as Miss Lee's book is therefore written by Philadelphia,
 the unmarried daughter of William Lee merchant *]

See W.H. Smyth. Edes Harrellianae 1851-64. P8m. 1261 c. 6-7

For the Gravel & Calculous Complaints
 or Decoction of Raw Coffee berries, by Dr. Morebnole

Put thirty Berries of raw (unroasted) Coffee into a
 Quart of soft Water, set it over a slow Fire, and let
 it boil gently till the Liquor becomes of a dark green
colour, sometimes it may be necessary to add a few
 more berries to produce this effect; N. B. our Coffee
 berries differ much in size, I think it best to put them
 in by weight, viz: Two Scruples of Coffee berries to
 One Quart of Water, — of this Water the Patient
 is to take half a Pint in a Morning fasting, putting
 into it at the moment of taking it Ten Drops of
 sweet Spirit of Nitre (colled Spiritus atheris Nitrosi
 in the last edition of the London Dispensatory,) —
 or similar Dose may be taken in the afternoon.
 It is most advisable to begin with a Quarter of a Pint
 of the Decoction and five Drops of the Spirit, with
 the addition of Sugar this Medicine is not unpleasant
 to the taste.

The Gentleman who gave Lady C. Lee this Receipt
 had it from a Friend of his whom it restored to ease,
 after suffering some Years, and intending if this
 Medicine had not superseded the necessity to have
 undergone the usual operation for relief —
 but this Medicine happily acted on his Friend
 Mr. Rudge as a powerful solvent —